Choose your room with safety in mind.

Opt for a room:
- away from the lobby or public areas.
- near an emergency exit.
- equipped with a key-chain, deadbolt and spy-hole.
- without interlocking doors.

Research the following at destination before you travel:
- country and cultural climate;
- areas to avoid, hotel options and hotel location; and
- threats related to crime, terrorism or natural disasters.

Choose hotels that have:
- Surveillance systems in lobby and around the grounds.
- Well-controlled access to the main entrance.
- Security guards.
- Resilient communication capabilities.
- Multi-lingual staff if you don’t speak the local language.

Download the International SOS Assistance App at internationalsos.com
LOCATION

Research the area surrounding the hotel. Avoid areas associated with high crime and protests.

In areas where there are significant threats from conflict or terrorism, choose a hotel away from main roads and government or diplomatic buildings.

Consider the timing of your trip to avoid potentially disruptive events or protests.

BE VIGILANT

Check that the locks on doors and windows work inside your room — and use them.

Familiarise yourself with emergency evacuation plans and routes.

Don’t share your room number.

Pack and use a door stop.

PREPARE FOR EMERGENCIES

Keep a small emergency ‘grab bag’ with:

- passport, visa and travel documents;
- water;
- cell phone & charger;
- medications;
- emergency cash; and
- credit cards.

WHEN YOU LEAVE THE ROOM

Hang the “Do not disturb” sign outside.

In higher risk locations, leave the TV and a light on inside.

Keep your room number a secret.

Always carry a charged cell phone with local network access.