



KNOW BEFORE YOU GO

Research the following at destination before you travel:

- country and cultural climate;
- areas to avoid, hotel options and hotel location; and
- threats related to crime, terrorism or natural disasters.

Download the International SOS Assistance App at internationalsos.com

DISCLAIMER:

This pocket guide has been developed for educational purposes only. For more information, contact International SOS.

HOTEL ROOM



Choose your room with safety in mind.

Opt for a room:

- away from the lobby or public areas.
- near an emergency exit.
- equipped with a key-chain, deadbolt and spy-hole.
- without interlocking doors.

HOTEL

Choose hotels that have:

- ✓ **Surveillance systems** in lobby and around the grounds.
- ✓ **Well-controlled access** to the main entrance.
- ✓ **Security guards.**
- ✓ **Resilient** communication capabilities.
- ✓ **Multi-lingual staff** if you don't speak the local language.

HOTEL SAFETY GUIDE FOR TRAVELLERS

INTERNATIONAL
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Control Risks

LOCATION

Research the area surrounding the hotel.

Avoid areas associated with high crime and protests.

In areas where there are significant threats from conflict or terrorism, **choose a hotel away from** main roads and government or diplomatic buildings.

Consider the timing of your trip to avoid potentially disruptive events or protests.

BE VIGILANT



Check that the **locks on doors and windows** work inside your room — and use them.

Familiarise yourself with **emergency evacuation** plans and routes.

Don't share your room number.

Pack and use a door stop.

PREPARE FOR EMERGENCIES

Keep a small emergency 'grab bag' with:



- passport, visa and travel documents;
- water;
- cell phone & charger;
- medications;
- emergency cash; and
- credit cards.

WHEN YOU LEAVE THE ROOM



Hang the **"Do not disturb"** sign outside.



In higher risk locations, leave the **TV and a light on inside.**



Keep your **room number a secret.**



Always carry a **charged cell phone** with **local network access.**