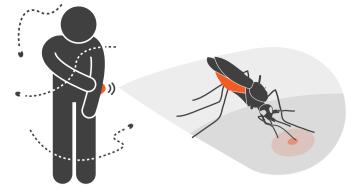
## MALARI **FACTS**

Malaria is a serious disease that is PREVENTABLE and TREATABLE.



Malaria is caused by Plasmodium parasites. Humans get infected via mosquito bites.

**billion**people are at risk of malaria worldwide.<sup>1</sup>

and areas had ongoing malaria transmission in 2015.1

Pregnant women are at HIGH RISK of dying from complications of severe malaria.3



a child dies from malaria in Sub-Saharan Africa.1



Each year, over

travellers

are reported to become ill with malaria after returning home.2



### **SYMPTOMS**



fever

**MEDICAL** 

SYMPTOMS.

**DO NOT IGNORE** 



sweating



headache



muscle aches



fatigue



shaking (rigors, chills)

**EMERGENCY** 

Go straight to the doctor.



vomiting



diarrhoea

# THE 'ABCDE' OF MALARIA PREVENTION





#### AWARENESS

Be Aware of the risk and the symptoms.





#### BITE PREVENTION

Avoid being Bitten by mosquitoes, especially between dusk and dawn.





#### HEMOPROPHYLAXIS

If prescribed for you, use **Chemoprophylaxis** (antimalarial medication) to prevent infection.



#### **DIAGNOSIS**

Immediately seek **Diagnosis** and treatment if a fever develops one week or more after being in a malarial area (up to one year after departure).





### **EMERGENCY**

Carry a Stand-By Emergency Treatment kit if available and recommended (the kit that contains malaria treatment).

- 1. World Health Organization, Malaria Fact Sheet, December 2016
- World Health Organization, *International Travel and Health, Malaria* 2015 update
  World Health Organization, *Malaria in pregnant women*, April 2016



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fatal if not treated