



SCHWEIZERISCHER ARBEITGEBERVERBAN UNION PATRONALE SUISSE UNIONE SVIZZERA DEGLI IMPRENDITORI











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THE WEBCAST WILL BE STARTING SHORTLY





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#### **INTERNATIONAL SOS SWISS ONLINE CONFERENCE 2020**

**NOVEMBER** 12.45 PM

**WORKING FROM HOME** 

**WORKSHOP: MENTAL HEALTH & LONG-TERM EFFECTS** 

30 **NOVEMBER** 11.45 AM

**WORKFORCE RESILIENCE** 

**VIRTUAL PANEL DISCUSSION: ORGANISATIONAL RESILIENCE** 

RISK 2021

**Global launch event: 10 December** Be the first to see our predictions for 2021















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#### **TODAY'S PANELISTS**

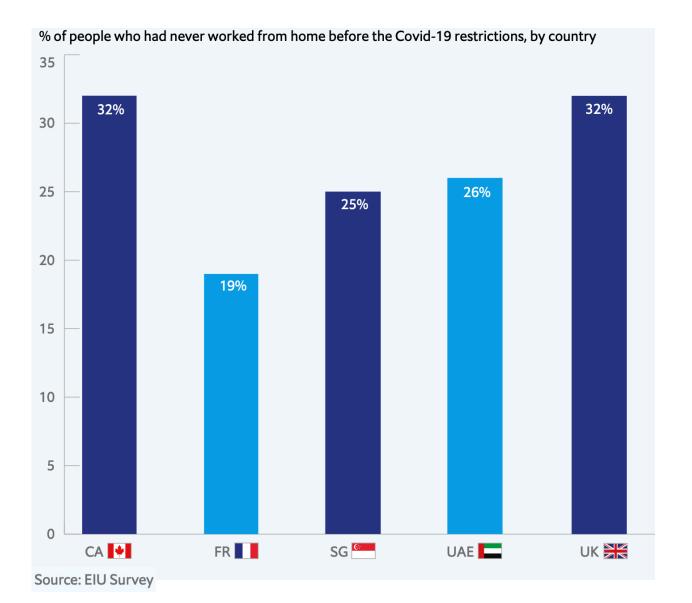




DR. RACHEL LEWISOccupational PsychologistAFFINITY FOR HEALTH



DR. ANTHONY RENSHAW
Regional Medical Director
Northern Europe
INTERNATIONAL SOS





## PREVALENCE OF WORKING FROM HOME PRE-PANDEMIC

### WHAT WILL BE THE LIKELY LONG-TERM IMPACT OF WORKING FROM HOME?



Positive Outcomes	Negative outcomes
Job satisfaction	Work intensification
Wellbeing (reduced stress and absenteeism)	Isolation
Autonomy	Musculoskeletal complaints
Organisational commitment	Reduction in health promoting behaviours
Performance and productivity	
Inclusivity	
Societal (e.g. energy consumption)	

## HAS THE IMPACT OF WORKING FROM HOME BEEN THE SAME FOR ALL EMPLOYEES?



May thrive	May suffer	
Neurodiverse	Those in unsafe/unstable/unsuitable home environments	
Those managing disabilities, long term health conditions, older workers, stigmatized groups	Younger people	
Parents (particularly mothers)	Parents (particularly mothers)	
Preference for conscientiousness, introversion, emotional stability, agreeableness	Preference for extraversion/sensation seeking/rumination	
Time management skills, independent working	Those engaged in problem solving/creative tasks	
Strong peer and management relationships	Those without effective line management	
Those working within a psychologically safe culture	Those without adequate technology/resources	
Those with high social connectedness outside of work		

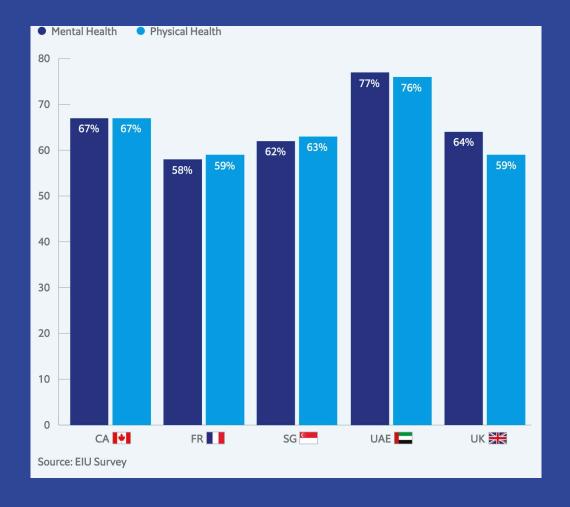
### WHAT HAS BEEN THE GREATEST NON-WORK CHALLENGE GLOBALLY?



Canada	France	Singapore	UAE	UK
Isolation	Caring responsibilities	Technology/ Connectivity	Distractions at home	Isolation

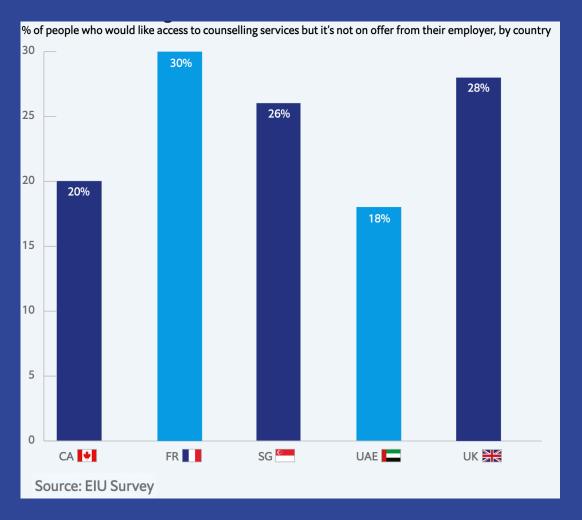
## GLOBAL DIFFERENCES IN OFFERING SUPPORT





# THOSE WHO ARE NOT OFFERED COUNSELLING AND WOULD LIKE IT











## Live Q&A OPEN NOW

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### THANK YOU FOR ATTENDING

For any further enquiries, please contact: switzerland@internationalsos.com

HTTPS://PANDEMIC.INTERNATIONALSOS.COM/2019-NCOV