

# CERTIFIED FIRST AID TRAININGS IN GHANA

## Equip your workforce with **life-saving skills**

A medical emergency can happen anywhere, at any time – even at the workplace. This is why it's important to equip your workforce with life-saving skills. First aid skills enable workers to provide immediate aid until professional emergency medical services arrive. The delivery of first aid has the possibility of potentially saving a life.

**At our dedicated training centre in Accra, we provide two types of first aid trainings:**



### **EMERGENCY FIRST AID**

(Basic First Aid, CPR & AED certificate course)

**1 DAY**

- Basic principles of dealing with a medical emergency
- Ideal for individuals, office staff, house help, nannies, etc.
- Certificate is valid for 2 years and can be renewed through a refresher training



### **FIRST AID AT WORK**

Advanced First Aid, CPR & AED certificate course

**3 DAYS**

- Thorough training for the ability to respond to a wide range of accidents or injuries
- Ideal for workplace First aiders, and Health and Safety Managers
- Ideal for organisations having strict Occupational Health and Safety regulations
- Certificate is valid for 2 years and can be renewed through a refresher training

Our trainings are based on the guidelines of the AHA and the UK Resuscitation Council, and our instructors are certified by both bodies.