

2017 BUSINESS TRAVEL AND EMOTIONAL SUPPORT SURVEY EUROPE: YOUR VIEWS



49% of European organisations said they don't provide emotional support for their mobile workers.

TOP Incidents that have had the most impact on mobile workers in the past

60%

Working in a **high risk environment** (country or workplace at risk)



47%

Personal incident (sexual assault, theft and robbery, road traffic accident, workplace injury...)



32%

Terrorist or environmental incident (earthquake...)



31%

Death or severe injuries of a **colleague**



TOP 5 Business Travel Stress Factors for mobile workers



Future Needs for emotional support

66%

Immediate emergency emotional support following an incident

63%

On-going emotional support by phone or in person when required

47%

Delayed emotional support a few days/weeks later

44%

Mindfulness based **stress reduction programmes** for individuals or groups

32%

Pre-departure emotional assessment for individual employees and family members

"As mental health in the workplace rises on the corporate agenda and its impact on business productivity becomes increasingly evident, it is vital for organisations to take into account the emotional well-being of their mobile workforce. Organisations sending employees on short or long term assignments abroad need to consider **pre-trip emotional support that is appropriate for the destination and reactive response support systems** that can be implemented quickly in times of an unexpected incident or accident."

Dr Rodrigo Rodriguez,
Medical Director
International SOS

From 27th April to 30th June 2017, International SOS conducted a survey in Europe targeted to those who are responsible for the health, safety and wellbeing of their mobile workers. The survey findings represent the responses from 139 organisations in 13 countries in Europe.